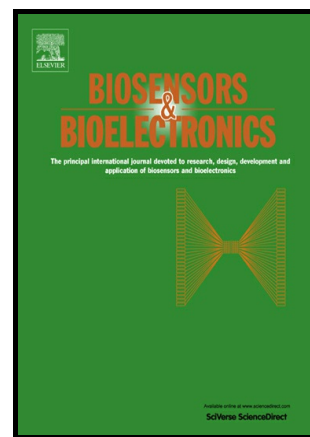


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Upconversion nanoparticles based FRET aptasensor for rapid and ultrasensitive bacteria detection

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Abstract

Pathogenic bacteria cause serious harm to human health, which calls for the development of advanced detection methods. Herein, we developed a novel detection platform based on fluorescence resonance energy transfer (FRET) for rapid, ultrasensitive and specific bacteria detection, where gold nanoparticles (AuNPs, acceptor) were conjugated with aptamers while upconversion nanoparticles (UCNPs, donor) were functionalized with corresponding complementary DNA (cDNA). The spectral overlap between UCNPs fluorescence emission and AuNPs absorption enables the occurrence of FRET when hybridizing the targeted aptamer and cDNA, causing upconversion fluorescence quenching. In the presence of target bacteria, the aptamers preferentially bind to bacteria forming a three-dimensional structure and thereby dissociate UCNPs-cDNA from AuNPs-aptamers, resulting in the recovery of

upconversion fluorescence. Using the UCNPs based FRET aptasensor, we successfully detected *E. coli* ATCC 8739 (as a model analyte) with a detection range of $5\text{-}10^6$ cfu/mL and detection limit of 3 cfu/mL. The aptasensor was further used to detect *E.coli* in real food and water samples (*e.g.*, tap/pond water, milk) within 20 minutes. The novel UCNPs based FRET aptasensor could be used to detect a broad range of targets from whole cells to metal ions by using different aptamer sequences, holding great potential in environmental monitoring, medical diagnostics and food safety analysis.

Keywords

Upconversion nanoparticle; Gold nanoparticle; Aptamer; *E.coli* ATCC 8739; Microorganism detection

1 Introduction

Bacteria are closely related to human health: pathogenic bacteria can cause a variety of diseases via food and water even at a very low concentration (Zuo et al. 2013). According to the statistical data from the World Health Organization in 2015, 600 million people (almost 1 in 10) in the world suffered from diseases caused by pathogenic bacteria-contaminated food, among which 420,000 people died (Chaib 2015). Thus, technologies capable of rapid and ultrasensitive detection of pathogenic bacteria are of great importance for food and water safety. Existing strategies for bacteria detection are mainly based on colony culture and counting (Tsougeni et al. 2016), polymerase chain reaction (PCR) (Morales-Narvaez et al. 2015), and enzyme-linked immune-sorbent assay (ELISA) (Wu et al. 2015b). However, several limitations are associated with these methods, such as long detection time and complicated operation (Abbaspour et al. 2015; Lian et al. 2014; Yoo et al. 2015), which limit their widespread applications. Therefore, novel approaches are needed for rapid and ultrasensitive bacteria detection.

Lanthanide-doped upconversion nanoparticles (UCNPs) are capable of emitting visible luminescence under near infrared (NIR) excitation (Shao et al. 2014), which offer excellent photo-stability, narrow emission spectrum, less toxic elements, multicolor tunable property and low background fluorescence, *etc.* (Feng et al. 2015b; Lin et al. 2014a; Wang and Liu 2014). UCNPs thus hold great promise for bio-detection based on fluorescence labeling (Han et al. 2014; Li et al. 2012; Lin et al. 2012; Shao et al. 2014). Actually, UCNPs have been used for bacteria detection based on antibody and antigen recognition (Morales-Narvaez et al. 2015; Niedbala et al. 2001; Ong et al. 2014; Wu et al. 2014c). However, antibodies are redox sensitive and vulnerable to changes in environmental (solution) pH and temperature, leading to short shelf life and the requirement of low temperature storage (Chen and Yang 2015).

Aptamer is a promising candidate as a potential substitute for antibody, which is a kind of ssDNA or RNA molecules that bind to their targets to form a three-dimensional structure with high affinity and specificity (Deng et al. 2015).

Aptamers have functions similar to antibodies (*e.g.*, targeted binding) but exhibit a variety of advantages, such as selective binding to various targets (from ions to whole cells), easy synthesis by chemical routes, good stability to changes in pH and temperature (Wu et al. 2014b). In addition, aptamers can be easily modified with a variety of tags (*e.g.*, gold nanoparticles, fluorescence materials), providing extraordinary flexibility in the development of assays (Chen and Yang 2015). Pioneering works using aptamer and nanoparticles for sensing have been intensively studied, such as aptamers have been used to detect bacteria (Ozalp et al. 2015), enzyme (Zheng et al. 2012), protein (Wei et al. 2015), whole cell (Wang et al. 2015) and ions (Chung et al. 2013). Excellent reviews on this topic could be found in literatures (Dong et al. 2014; Han et al. 2010; Iliuk et al. 2011). Actually, with the assistance of magnetic beads for target separation, aptamers conjugated UCNPs have been employed to detect several pathogenic bacteria (Duan et al. 2012; Wu et al. 2014b). However, the presence of magnetic beads (Fe_3O_4) deepens the color of the solution and affects the fluorescence intensity of the final probe complex, yielding a reduced detection limit (Duan et al. 2012). Further, although the concentration effect of magnetic beads was avoided via subtraction of background signal by re-designing the detection probe (Wu et al. 2014b), this method still suffers from the potential loss of sample during magnetically assisted separation and washing steps. Fluorescence resonance energy transfer (FRET) based technology has been widely applied in ultrasensitive detection, which requires no sample separation and washing steps (Zhang et al. 2015). FRET is a process that employs fluorescence particles as donors and quencher particles as acceptors, where the fluorescence of the donor can be quenched by the acceptor when the donor is immediately adjacent (< 10 nm) the acceptor (Liu et al. 2013). The change of fluorescence intensity before and after quenching may be used to monitor the concentrations of targets. Although the integration of UCNPs and aptamer or oligonucleotides using FRET technology have been developed for DNA, ions and small molecules detection (Liu et al. 2013; Ma et al. 2014; Wu et al. 2014a; Wu et al. 2015a), these FRET systems have not yet been explored for bacteria detection.

Herein, we developed a rapid, ultrasensitive and specific FRET based bacteria detection method. Gold nanoparticles (AuNPs) were conjugated with bacteria targeting aptamers (serving as fluorescence acceptors), while UCNPs functionalized with another aptamer complementary DNA sequence were employed as fluorescence donors. Via complementary pairing of cDNA and aptamers, the FRET occurred due to spectral overlap, leading to fluorescence quenching between the AuNPs and the UCNPs. In the presence of target bacteria, the aptamers preferentially bound to the target bacteria and caused aptamers dissociation from cDNA, thereby liberating UCNPs and resulting in fluorescence recovery. This novel detection system avoids target separation procedures and enables rapid, ultrasensitive and specific bacteria detection. The developed method paves the way for rapid, ultrasensitive and specific detection of pathogenic bacteria, heavy metal and viruses for food and water safety.

2 Materials and methods

2.1 Materials

$\text{YCl}_3 \cdot 6\text{H}_2\text{O}$, $\text{ErCl}_3 \cdot 6\text{H}_2\text{O}$, $\text{YbCl}_3 \cdot 6\text{H}_2\text{O}$, $\text{GdCl}_3 \cdot 6\text{H}_2\text{O}$, NH_4F , 1-Ethyl-3-(3-dimethylaminopropyl)-carbodiimide hydrochloride (EDC), N-hydroxysulfosuccinimide sodium salt (sulfo-NHS) and Tris (2-carboxyethyl) phosphine (TCEP) were obtained from Sigma Aldrich. Oleic acid (90%) and 1-Octacene (90%) sodium were purchased from Alfa Aesar. Methanol, NaOH, ethanol, and chloroform were obtained from Tianjin Zhiyuan Chemical Reagent Co., Ltd. Poly(acrylic acid) (PAA, Mw= 800–1000) were obtained from Tianjin Yongsheng Chemical Reagent Co., Ltd. Trisodium citrate and Sodium dodecyl sulfate (SDS) were purchased from LLC (Solon, OH, USA). Chloroauric acid was purchased from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). Bacteria aptamers and their complementary strands (**Table 1**) were selected according to literature (Kim et al. 2013) and synthesized by Xi'an Sangon Biological Science & Technology Company. Phosphate buffer saline (PBS, pH= 7.4) was prepared by mixing 0.194 g KCl, 8.010 g

NaCl, 0.191 g KH_2PO_4 and 2.290 g $\text{Na}_2\text{HPO}_4 \cdot 12\text{H}_2\text{O}$ in 1 L ultrapure water. All reagents were used without any purification.

2.2 Synthesis and surface modification of $\text{NaYF}_4\text{:Yb/Er}$ UCNPs

Thermal decomposition procedure was applied to synthesize UCNPs, as reported by our previous protocol (Feng et al. 2015a; You et al. 2015). Briefly, $\text{YCl}_3 \cdot 6\text{H}_2\text{O}$ (242.69 mg, 0.8 mmol), $\text{ErCl}_3 \cdot 6\text{H}_2\text{O}$ (7.64 mg, 0.02 mmol) and $\text{YbCl}_3 \cdot 6\text{H}_2\text{O}$ (69.75 mg, 0.18 mmol) were dissolved in ultrapure water (2 mL). The mixture was then added to a flask containing 7.5 mL oleic acid and 15 mL 1-octadecene. The obtained mixture was stirred at room temperature for 0.5 h. The solution was then heated to 120 °C and followed by keeping at 156 °C for 1 h to remove ultrapure water under argon atmosphere protection. The mixture was then cooled down to room temperature. Next, NaOH (100 mg, 2.5 mmol) and 10 mL methanol solution of NH_4F (148.15 mg, 4 mmol) were added into the solution and kept stirring at room temperature for 2 h. After methanol evaporation, the mixture was heated to 280 °C and maintained for 1.5 h before cooling down to room temperature. The product was centrifuged and washed with cyclohexane and ethanol for three times and was finally re-dispersed in 10 mL cyclohexane.

The surface modification was performed by a ligand exchange process. PAA was used as a multidentate ligand to displace the original hydrophobic ligands on the UCNPs surface by mixing 1 mL ethanol, 1 mL of UCNPs and 14.5 μL PAA. The mixture was dispersed in chloroform (~ 15 mg/ mL) and subjected to overnight stirring. The product was then centrifuged at 8,000 rpm for 8 min. After washing for three times using ethanol and water separately, the obtained product were re-dispersed in 5 mL ultrapure water.

2.3 Attachment of cDNA to the UCNPs

1 mL as-prepared PAA@UCNPs was centrifuged at 8,000 rpm and re-suspended in 1 mL MES buffer. 120 μ L 2mg/mL EDC and 60 μ L 2mg/mL sulfo-NHS were subsequently added into the solution. The reaction continued at 37 °C for 2 h. 500 μ L 2 nmol/mL cDNA solution was added into the solution. The mixture was then incubated for overnight. Then the cDNA conjugated UCNPs was centrifuged and washed three times with PBS buffer and then finally re-dispersed in 1 mL PBS buffer.

2.4 Synthesis of gold nanoparticles and thiolated aptamers conjugation

AuNPs with a mean diameter of 13 ± 3 nm were prepared according to the previously reported method (Hu et al. 2013; Leoni and Legnani 2001). In short, 1.2 mL of 0.825% chloroauric acid and 4.5 mL of 1% trisodium citrate were successively added to three-neck round-bottom, 100 mL boiled ultrapure water containing flask. Then the color of the solution immediately turned from yellow to purple and finally kept wine-red. The generated product was used to prepare AuNPs and oligonucleotide aptamers conjugate.

The thiolated oligonucleotide aptamers were activated for 1 h by adding 4 μ L of 10 mM TCEP, 20 μ L of acetate buffer (pH 4.76, 500 mM) and 100 μ L of ultrapure water to reach a final concentration of 100 μ M. And the activated oligonucleotide aptamers were added into the as-prepared AuNPs solution. Then 2 M NaCl and 1% SDS were separately added to the above solution to obtain a final concentration of 0.01% SDS and 0.16 M NaCl. After centrifugation at 14,000 rpm, the red pellet was collected and re-suspended in 1 mL PBS (Leoni and Legnani 2001).

2.5 Bacteria culture and sample suspension preparation

All bacteria strains used in this research were *E. coli* DH5 α , *E. coli* (ATCC 8739), *E. coli* (ATCC 25922), bacillus subtilis (ATCC 6633), and staphylococcus aureus (ATCC 25923). *E. coli* (ATCC 8739) was selected as target bacteria for the detection, meanwhile *E. coli* (ATCC 25922), *E. coli* DH5 α , Staphylococcus aureus (ATCC

25923), and bacillus (ATCC 6633) were selected as control groups for detection. All above strains were firstly streaked onto Luria–Bertani (LB) agar plates, and then incubated at 37 °C for 16 h. An isolated colony of each strain was picked and inoculated in 8 mL of LB medium. After incubation at 37 °C for 16 h (shaking at 250 rpm), the bacteria culture was then aliquoted, and applied as a standard stock for all experiments. The *E. coli* stock was firstly diluted by ten-fold using PBS and was then spread on LB agar plates. To fix the original concentration of the *E. coli* stock, single colonies of each bacteria strain were counted after overnight incubation.

2.6 Detection of target bacteria

The as-prepared UCNPs-cDNA were ten times diluted. Then 200 μL of UCNPs-cDNA was hybridized with the optimized AuNPs-aptamers at 37 °C for 10 min to obtain UCNPs-AuNPs FRET aptasensor pairs. The as-prepared aptasensor pair solution was scanned by fluorescence spectrum. 1 to 10^6 cfu/mL of standard target bacteria were subsequently added to the mixture, which was further incubated at 37 °C for 10 min. The upconversion fluorescence intensity of the final mixture were then measured using fluorescence spectrum with an external 980 nm laser as the excitation source in place of the xenon lamp in the spectrometer.

3. Results and Discussion

3.1 Bacteria detection based on FRET between UCNPs and AuNPs

The principle for detecting target bacteria using the FRET pair of UCNPs and AuNPs was schematically described in **Figure 1**. The amino-modified complementary DNA (sequence shown in **Table 1**) aptamers were attached to the carboxyl-functionalized UCNPs by condensation reaction (**Fig. 1A**). The thiol-modified *E. coli* ATCC 8739 aptamers capable of target recognition were conjugated to the surface of AuNPs through Au-S chemistry (**Fig. 1B**). The FRET aptasensor was established between a donor-acceptor pair: UCNPs-cDNA hybridized with AuNPs-aptamers (**Fig. 1C**). In the absence of *E. coli* ATCC 8739, the 3' terminals of the aptamers could perfectly complement the cDNA. Thus, the acceptors (AuNPs) and donors (UCNPs) are placed

in close proximity, which results in the quench of green upconversion fluorescence from UCNPs due to their highly overlapped spectrum. By introducing *E. coli* ATCC 8739 into the FRET system, aptamers preferentially bind to target bacteria to form a 3D stem-loop structure and cause the dissociation of aptamers from cDNA, so that aptamers-DNA pairs are destroyed and the green fluorescence recovers (Wu et al. 2014a). The recovery of the upconversion fluorescence intensity is proportional to the target bacteria concentration (**Fig. 1D**).

3.2 Characterization of UCNPs and AuNPs

To access the morphology, size and surface modification of UCNPs and AuNPs, we conducted a series of characterization. NaYF₄ is chosen as host material for upconversion nanoparticles, since fluorides usually exhibit low phonon energies (~350 cm⁻¹) and high chemical stability (Wang and Liu 2009). In addition to host material, the energy difference between each excited level and its lower-lying intermediate level (ground level) should be close enough to facilitate photon absorption and energy transfer steps involved in upconversion processes. Er³⁺ typically features such ladder-like energy levels and is thus frequently used as activator (Wang and Liu 2009). To enhance upconversion fluorescence efficiency, a sensitizer with a sufficient absorption cross-section in the NIR region is usually co-doped along with the activator to take advantage of the efficient energy transfer upconversion process between the sensitizer and activator. Yb³⁺ is particularly suitable as the upconversion sensitizer. The optimized Er³⁺ and Yb³⁺ concentrations have been reported to be 2% and 18% for enhanced upconversion fluorescence efficiency (Lin et al. 2014). XRD patterns indicate that NaYF₄: Yb, Er exhibits a pure hexagonal phase, where all of the diffraction peaks can be ascribed to the hexagonal structure of NaYF₄ (JCPDS no.16-0334), **Figure S1**. According to existing report, hexagonal-phase NaYF₄:Yb/Er materials exhibit about an order of magnitude enhancement of upconversion efficiency as compared to their cubic phase counterparts (Wang and Liu 2009). The representative TEM image of the synthesized UCNPs indicates that the UCNPs are monodispersed with an average diameter of 35

nm (**Fig. 2A**), the molarity of UCNPs was 50 nM (The calculated method was shown in Supplemental Material). PAA modification was realized by ligand exchange to replace the original hydrophobic ligands on the UCNPs surface (Birui et al. 2015). The presence of PAA on the surface of the UCNPs after the ligand exchange could be confirmed by FT-IR spectroscopy (**Fig. S2**). The obtained UCNPs-PAA could be re-dispersed in ultrapure water to exhibit green emission under 980 nm excitation (inset of **Fig. 2A**). The TEM image of UCNPs-PAA shows no obvious aggregation (**Fig. 2B**). We observed a clear polymer layer, ~ 1 nm thick, on the surface of UCNPs from the HRTEM image (inset of **Fig. 2B**). The size distribution of UCNPs-PAA was shown in Figure 2C. PAA-modified UCNPs are negatively charged with Zeta potential of ~-43 mV (Fig. S3). To demonstrate the successful conjugation of cDNA, we measured the absorbance of UCNPs-PAA and UCNPs-cDNA separately. We observed no absorption peak in the UV-vis spectrum of UCNPs-PAA before conjugating with cDNA, while absorption peak at approximately 260 nm was observed in the UV-vis spectrum of UCNPs-PAA after cDNA conjugation through EDC and sulfo-NHS activation (**Fig. 2D**). These results indicate that the UCNPs-PAA have been successfully functionalized with amino-cDNA according to literature (Lin et al. 2011). To further prove that the DNA molecules are conjugated but not absorbed on UCNPs, we performed cDNA and UCNPs reaction without adding EDC and sulfo-NHS. We performed UV-vis absorption spectroscopy of UCNPs solution after reaction (**blue line of Fig. 2D**) and observed no absorption peak at 260 nm in the UV-vis spectrum. The DNA loading density was estimated ~160 per UCNP (calculation method was shown in the Supplemental Materials). We also analyzed the sizes of UCNPs, UCNPs-PAA, UCNPs-PAA-cDNA by DLS and found that UCNPs-PAA, UCNPs-PAA-cDNA were uniformly modified and well dispersed in aqueous solution (**Fig. 2E**). It should be noticed that the DLS results represent the hydrodynamic size of UCNPs (core plus ligands), which is larger than that measured from TEM image (Duan et al. 2013). To describe the stability of DNA-modified UCNPs, we monitored the fluorescence intensity of UCNPs-cDNA (1 nM) in 1 mL PBS for 24 days. The fluorescence intensity as a function of time was shown in Figure

S5A. The fluorescence intensity shows negligible decline over time, indicating that the DNA-modified UCNPs would not aggregated for least 24 days. To further clarify the stability of DNA modified UCNPs, the UCNPs-cDNA (24 days after modification) were used to hybridized with AuNP-aptamers as shown in Figure S5B. The quench values were shown in Figure S5C. We found that the quenching values were also negligible decline over time, indicating that the DNA on the surface of UCNPs had a good stability for least 24 days.

To characterize the prepared AuNPs and AuNPs-aptamers conjugates, we performed TEM and UV/Vis spectrum testing. The TEM image indicates that the prepared AuNPs were mono-dispersed with a diameter of ~13 nm (**Fig. 2F**), the molarity of AuNPs were 4.3 nM. We also tested the Zeta potential of AuNPs which are negatively charged with Zeta potential of ~-40 mV (Fig. S3). AuNPs dispersed in ultrapure water show visible red color (inset of **Fig. 2E**). The size distribution of AuNPs was shown in Figure 2G. It should be noted that UCNPs and AuNPs with similar size dispersion have also been applied in the quantitatively detection of ions or DNA (Duan et al. 2012; Pons et al. 2007), thus will not affect quantitative performance. The UV-vis spectra of both AuNPs and AuNP-aptamers are shown in **Figure. 2H**. A specific absorption peak of AuNPs-aptamers sample at approximately 260 nm could be observed, confirming the presence of aptamers on the surface of AuNPs (Lin et al. 2011). It should be noted that the absorption peak of AuNPs sample experiences a slight red shift from 520 nm to 526 nm (inset of **Fig. 2H**). This shift in the absorbance of AuNPs should be attributed to the functionalization by thiolated DNA (aptamers) (Hu et al. 2013). The DNA loading density was estimated ~21 per AuNP (calculation method was shown in the Supplemental Materials).

3.3 Preparation of UCNPs-AuNPs FRET aptasensor

AuNPs are featured of good absorption property in the visible light region. The AuNPs used in this study exhibit a strong absorption peak at approximately 526 nm (**Fig. 3A** dashed line). This absorption band overlaps with green emission from

UCNPs-PAA that peaks at 540 nm (**Fig. 3A** solid line), suggesting that FRET could take place between the UCNPs-cDNA (donors) and the AuNPs-aptamers (acceptors). To demonstrate the formation of the FRET pair, we added 200 μL UCNPs-cDNA (1 nM) into 1 mL ultrapure water; 40 μL AuNPs-aptamers (4.3 nM) were then repeatedly added, followed by incubation as well as fluorescence spectrum scanning. We found that the upconversion fluorescence of UCNPs-cDNA was gradually quenched as the amount of AuNPs- aptamers was increased (**Fig. 3B**). It should be noted that both the UCNPs-PAA and AuNPs are negatively charged prohibiting absorption between the two particles, suggesting that the formation of FRET pair is based on DNA hybridization. To estimate the FRET efficiency between UCNPs and AuNPs, we calculated the FRET efficiency according to the literature (Pons et al. 2007). Detailed calculation processes could be found in the Supplemental Materials. The dipole orientation factor is κ^2 which equals to 0.67 (Mattsson et al. 2015). The spectral overlap integral $J = 1.39 \times 10^8 (\text{M}^{-1}\text{cm}^{-1})$ which was calculated according to equation (5) in Supplemental Materials. The Förster distance was estimated to be $R_0(\text{min}) = 7.78 \text{ nm}$ or $R_0(\text{max}) = 11.4 \text{ nm}$ considering that Φ (quantum yield of UCNPs) falls between 0.001 and 0.01 (Mattsson et al. 2015). The calculated Förster distance in our study seems to be higher than typical FRET distance (5-10 nm). This is because that the surface plasmon resonances around AuNPs can extend the energy transfer rate and the utility of sensors to a distance of $\sim 20 \text{ nm}$, far beyond the range allowed by “classic” dye-to-dye FRET pairs (Ray et al. 2006). The FRET efficiency was calculated to be $\eta(\text{min}) = 55\%$ or $\eta(\text{max}) = 92\%$ using the different estimated values of Φ (0.001 and 0.01).

3.4 Optimization of dosages of complementary UCNPs-cDNA and AuNPs-aptamers

AuNPs-aptamers concentration can affect the detection limit. For instance, low AuNPs-aptamers concentration will lead to the formation of low FRET aptasensor concentration, reducing thence the maximum detection limit. Whereas, when

AuNPs-aptamers are in relative excess, the free AuNPs-aptamers can bind to the target bacteria without altering the fluorescence intensity. To optimize the dosages of complementary UCNPs-cDNA and AuNPs-aptamers, we repeatedly added 40 μL (4.3 nM) AuNPs-aptamers into UCNPs-cDNA (200 μL (1 nM) UCNPs-cDNA into 1 mL ultrapure water) for fluorescence intensity analysis with fixed UCNPs-cDNA concentration. We analyzed fluorescence reduction with increasing amount of AuNPs-aptamers (**Fig. S6**), where F and F_0 represent the fluorescence intensity of UCNPs-cDNA before and after adding AuNPs-aptamers, respectively. With increasing AuNPs-aptamers, the formation of FRET pair via UCNPs-cDNA and AuNPs-aptamers hybridization increased, resulting in fluorescence quenching. The optimized dosages of UCNPs-cDNA and AuNPs-aptamers can be fixed when fluorescence quenching reaches equilibrium. Consequently, in subsequent experiments, we fixed the quantity of AuNPs-aptamers at 240 μL and the quantity of UCNPs-cDNA at 200 μL .

3.5 Specificity evaluation

To test the selective targeting capability of FRET aptasensor for *E. coli* ATCC 8739, we added other bacteria (*e.g.*, *S.aureus* and *bacillus*) and different *E.coli* strains (*e.g.*, *E. coli* ATCC 25922 and *E. coli* DH5 α) into the sample, **Figure 4**. We observed that only *E. coli* ATCC 8739 (the targeting *E. coli*) induced a dramatic fluorescence recovery at the corresponding upconversion emission peaks (**Fig. 4A**). We further quantified fluorescence intensity recovery for different bacteria and found that *S.aureus* and *bacillus* in this system had negligible effect on fluorescence intensity recovery (**Fig. 4B**), which demonstrated that the aptasensor exhibited good specificity from different bacteria types. The specificity of the aptasensor was further confirmed by the significant difference between different strains of *E. coli*, although both *E. coli* ATCC 25922 and *E. coli* DH5 α exhibited fluorescence recovery (**Fig. 4B**). This is because that the possible binding targets of aptamers on *E.coli* surface (*e.g.*, the components of outer cellular membrane of *E.coli*, outer membrane proteins, and flagella) have similar structures and these targets can be identified via

aptamer-facilitated biomarker discovery during the SELEX process (Kim et al. 2013). Overall, the present result further demonstrates the excellent specificity of the FRET aptasensor.

We added a control experiment using UCNPs (without cDNA conjugation) as donor and AuNPs (or AuNPs-aptamers) as acceptor. The results show that upconversion emission from UCNPs (without cDNA conjugation) could be hardly quenched by either AuNPs (**Fig. S7A**) or AuNPs-aptamers (**Fig. S7B**), suggesting that the FRET probe could not be formed without hybridization between cDNA and aptamers. The results further confirm that the formation of FRET pair is due to the DNA hybridization. Considering that the selected aptamers are specific to *E.coli* ATCC 8739, adding increasing amount of *E.coli* ATCC 8739 results in increased fluorescence intensity (**Fig. 4**), which suggests that the dehybridization of AuNPs from UCNP surface is the result of increased affinity to the bacteria especially for *E.coli* 8739.

3.6 Determination of target bacteria

To evaluate the detection limit of the developed FRET system for target bacteria (*E. coli* ATCC 8739 here), we plotted in **Figure 5A** the calibration curve of the detection system by adding different bacteria concentrations and monitoring the change in fluorescence intensity at 540 nm. We observed that the upconversion fluorescence intensity gradually increases with increasing bacteria concentration and that the *E.coli* ATCC 8739 concentration is proportional to the increase in upconversion fluorescence intensity (ΔF), with a linear relationship in the detection range of $5-10^6$ cfu/mL (**Fig. 5B**). The TEM image of DNA-mediated assembly of AuNPs on UCNP was shown in Figure S8A. A large amount of AuNPs were observed, indicating that AuNPs were successfully combined with UCNPs since centrifugation under 8,000 rpm could not separate free AuNPs from solution. After adding target bacteria, AuNPs-aptamers were dehybridized from UCNPs surface due to the increased affinity between AuNPs-aptamers and target bacteria. The solution was then centrifuged under 3000 rpm to separate AuNPs-aptamers and target bacteria complex. The particles

suspended in the supernate were then observed under TEM and we observed negligible amount of AuNPs (Fig. S8B), suggesting that AuNPs were separated from UCNPs by bacteria. Fluorescence recovery value gradually reached the fluorescence intensity before quenching. It has been commonly accepted that the detection limit equals to three times of detection noise ($S/N=3$) (Chen et al. 2015; Fang et al. 2015; Mishra et al. 2015). The estimated detection limit is 3 cfu/mL. With the developed aptasensor, the ultrasensitive detection for bacteria can be completed within 20 min without any need for enrichment, which is significantly faster than traditional methods such as colony culture and counting (Tsougeni et al. 2016), PCR (Morales-Narvaez et al. 2015), ELISA (Shih et al. 2015), and the electrode method (Lian et al. 2014). In addition, the sensitivity of the developed aptasensor is comparable or even higher than that achieved in previous studies (Demirkol and Timur 2015; Shangguan et al. 2015), highlighting its potential use for sensitive target detection in the near future.

3.7 Analytical application

The practical application and accuracy of the developed bio-analysis method was evaluated using real samples, including tap/pond water and milk (**Fig. 6**). The real samples were firstly high temperature sterilized. After simple pretreatment (see details presented in supporting information), the samples were spiked with *E. coli* ATCC 8739 with concentrations ranging between 1 and 1×10^4 cfu/mL. It should be noticed that due to the different background of milk and water, we established another calibration curve for the milk sample (**Fig. S9**). The whole detection process was completed in less than 20 min. For either tap/pond water or milk samples, the detected bacteria concentrations by the proposed FRET method were similar to those of the plate-counting method, and no significant difference was observed between the two methods. The application performance clearly demonstrates that the present method based on UCNPs labeling and aptamer targeting can efficiently detect and quantify target bacteria in real samples.

4. Conclusion

We developed an aptasensor via FRET between UCNPs and AuNPs for rapid, ultrasensitive and specific detection of bacteria (*e.g.*, *E. coli* ATCC 8739). The application of near-infrared 980 nm laser excitation for the generation of fluorescence signal avoids possible auto-fluorescence due to biomolecules contained in complex real food and water samples. The use of the FRET system provides an efficient method for *E.coli* detection in one single step. In addition, unlike traditional antibody-based targeting methods that are temperature sensitive and undergo irreversible antibody denaturation, the aptamer-based targeting method is stable with maintained high specificity to target bacteria. Therefore, aptamer-based targeting offers a novel approach to construct convenient, ultrasensitive, specific, and stable platforms for bio-assays, holding great potential for pathogenic bacteria detection in food and water samples.

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Figure 1. Schematic illustration of upconversion nanoparticles based FRET aptasensor for rapid and ultrasensitive bacteria detection. (A) The amino-modified

complementary DNA of the aptamer is attached to the carboxyl-functionalized UCNPs by condensation reaction (B) Conjugating thiol-modified aptamers to the AuNPs through Au-S chemistry. (C) The FRET system is established between a donor-acceptor pair: UCNPs-cDNA hybridized with AuNPs-aptamers. (D) By introducing target bacteria into the FRET system, aptamers preferentially bind to target bacteria resulting in the dissociation of cDNA, thereby aptamers-DNA pairs are destroyed and the green fluorescence recovers.

Figure 2. Characterization of UCNPs and AuNPs. (A) TEM of UCNPs, inset shows photograph of UCNPs excited by a 980 nm laser. (B) TEM of PAA modified UCNPs, inset shows the HRTEM image. (C) The size distribution of UCNPs. (D) The UV-vis absorption spectra of DNA molecules and UCNPs complex. (E) DSL of UCNPs, UCNPs-PAA, UCNPs-PAA-cDNA. (F) TEM of AuNPs, inset shows photograph of AuNPs solution. (G) The size distribution of AuNPs. (H) UV-vis absorption spectra of AuNPs and AuNPs- aptamers. The inset shows the absorption peak of AuNPs sample experiences a slight red shift from 520 nm to 526 nm.

Figure 3. The spectral overlap of AuNPs and UCNPs. (A) UV-vis absorption spectrum of AuNPs (dashed line) and upconversion fluorescence emission spectrum of UCNPs (solid line). (B) The FRET between UCNPs-cDNA and AuNPs-aptamers. The molarity of UCNPs and AuNPs are 1 nM and 4.3 nM in the stock solution, respectively.

Figure 4. Change in upconversion fluorescence with varying types of bacteria. (Concentration of each bacteria was 10^4 cfu/mL.) (A) Fluorescence recovery results of different types of bacteria. (B) Quantification analysis of fluorescence recovery response for different types of bacteria.

Figure 5. Detection of target bacteria with different concentrations. (A) Fluorescence recovery results of target bacteria with different concentrations. (B) Standard curve of relative upconversion fluorescence intensity ($F - F_0$) versus

bacteria concentration.

Figure 6. Relationship between the developed method and the official standard method for *E.coli* ATCC 8739 detection in (A) tap water, (B) pond water and (C) milk.

Table 1 The sequences of the aptamer and the complementary DNA of the *E. coli* ATCC 8739 aptamer.

Sample Name	Sequence (5' -3')
E.coli ATCC 8739 aptamer	GCAATGGTACGGTACTTCCCCATGAGTGTTG TGAAATGTTGGGACACTAGGTGGCATAGAGC CGCAAAAGTGCACGCTACTTTGCTAA-NH ₂
Complementary DNA of aptamer	SH-TTAGCAAAGTAGCGTGCACTTTTG

Highlights

A novel UCNPs based FRET aptasensor was first developed to detect bacteria. This novel detection system avoids target separation procedures and enables rapid, ultrasensitive and specific bacteria detection. The sensitivity of the developed aptasensor reaches detection limit of 3 cfu/mL, which is comparable or even higher than that achieved in previous studies. The aptasensor was further used to detect *E.coli* in tap/pond water and milk.

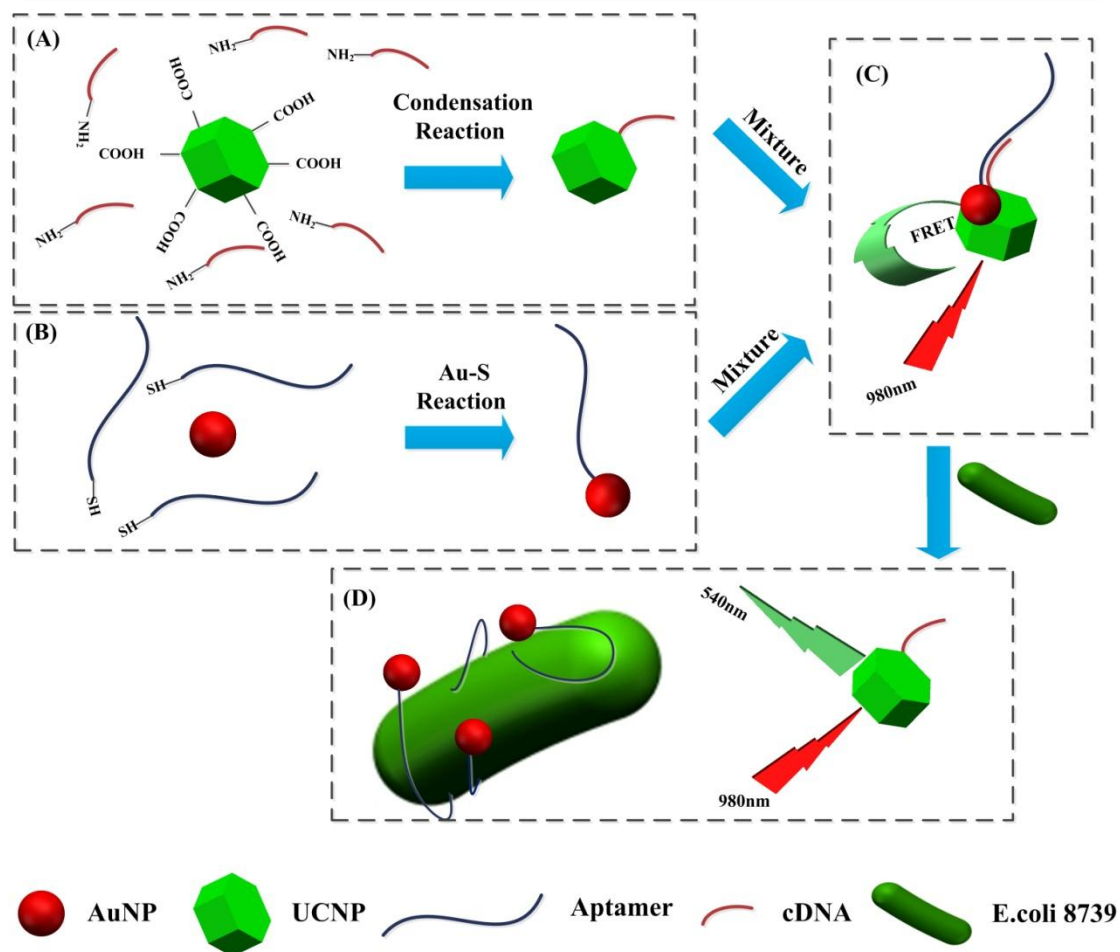


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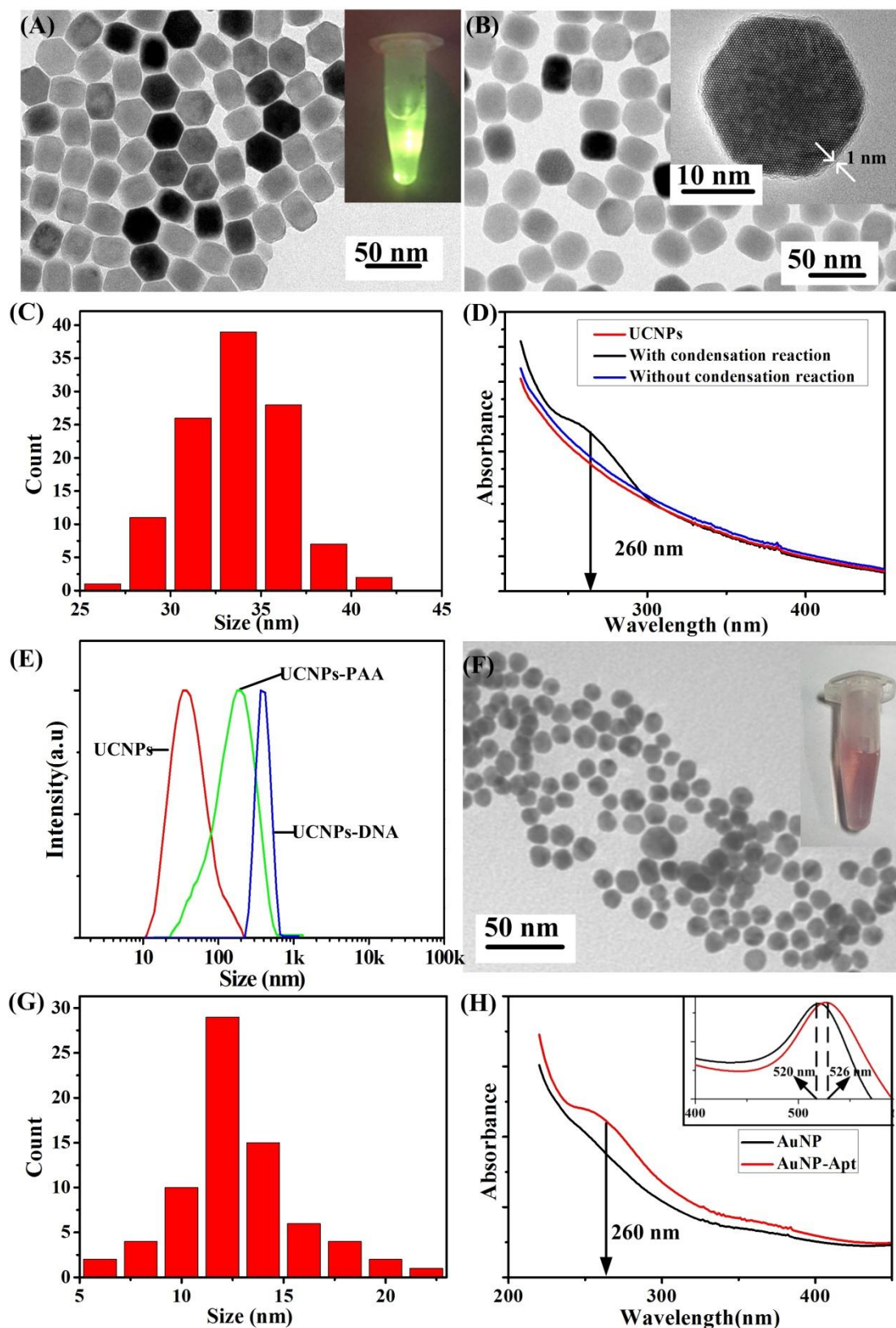


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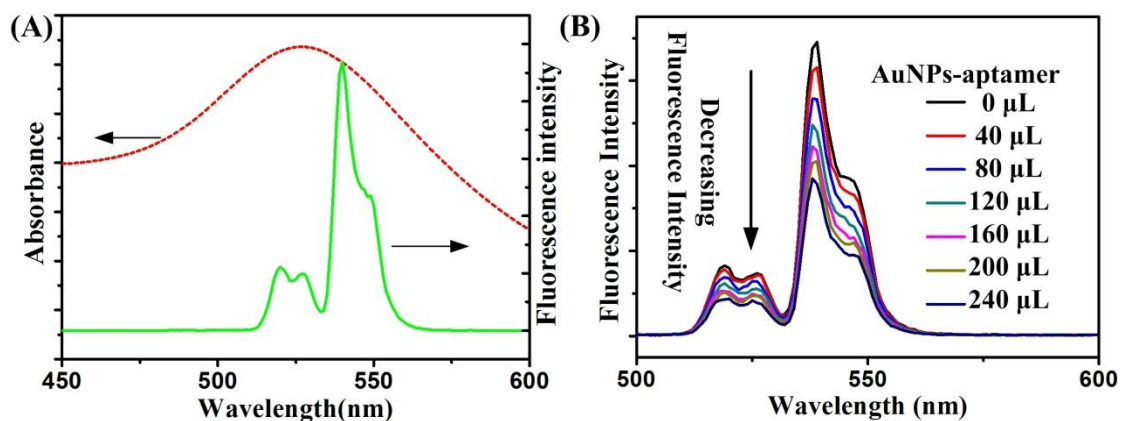


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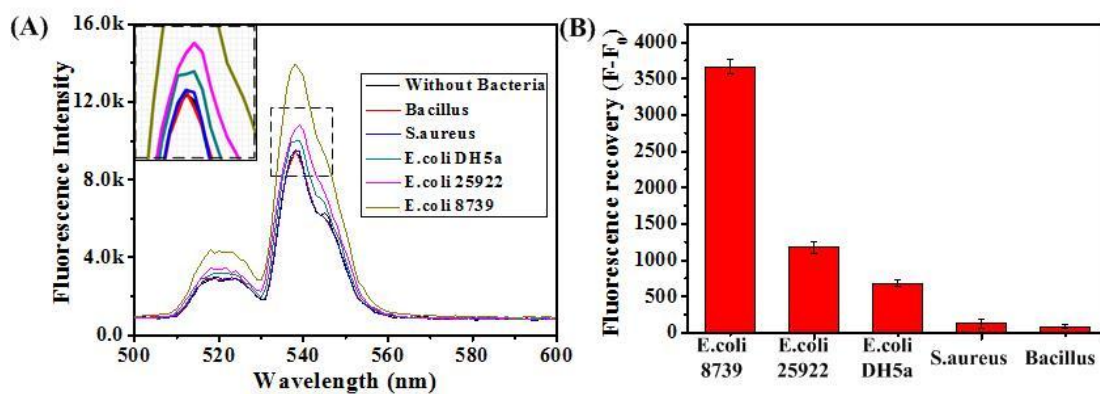


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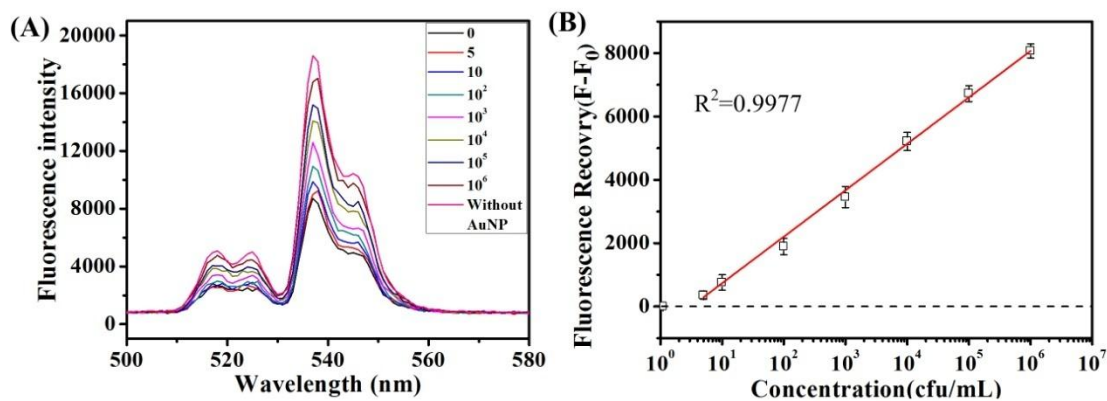


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(B) Standard curve of relative upconversion fluorescence intensity ($F - F_0$) versus bacteria concentration.

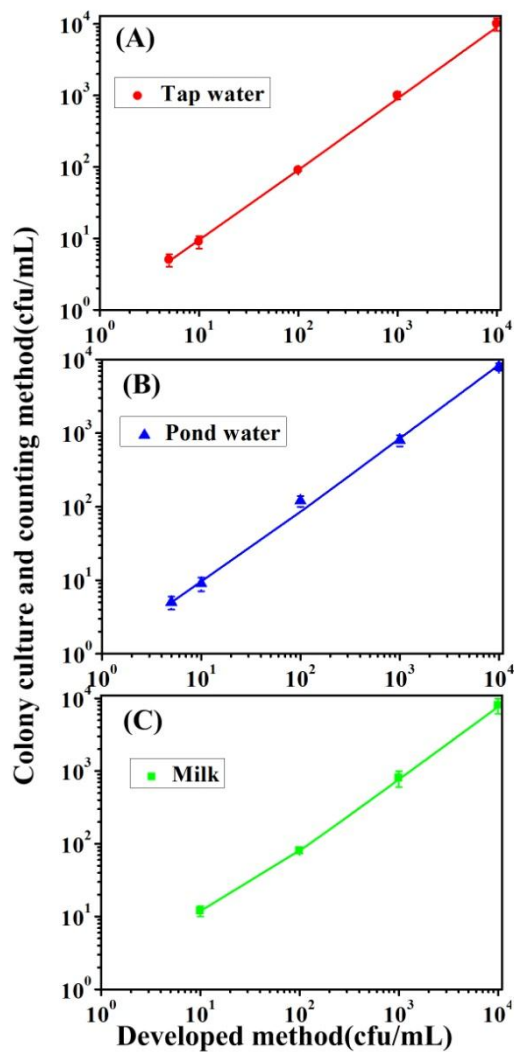


Figure 6. Relationship between the developed method and the official standard method for E.coli ATCC 8739 detection in (A) tap water, (B) pond water and (C) milk.

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